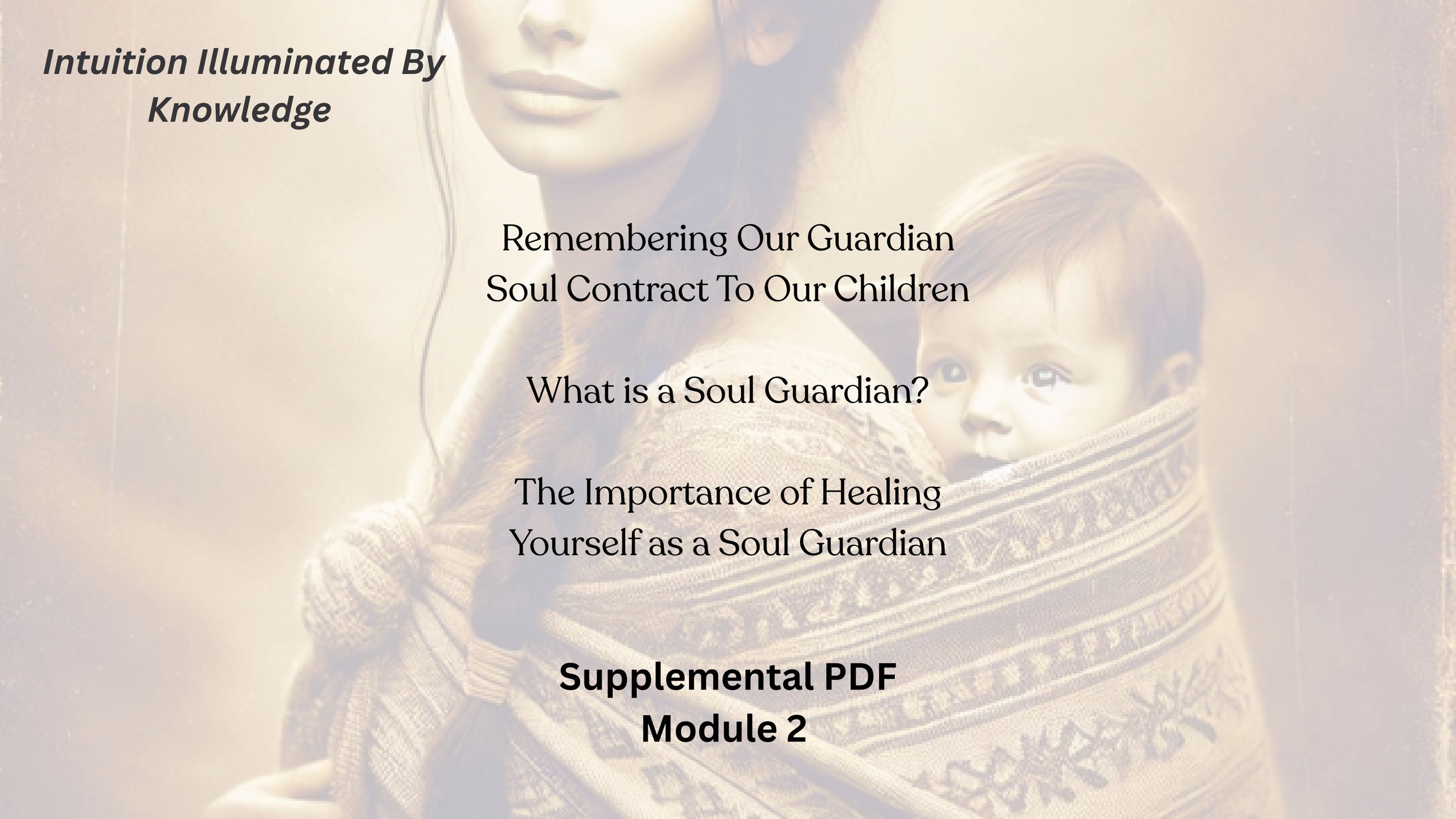
Intuition Illuminated By Knowledge



Remembering Our Guardian Soul Contract To Our Children

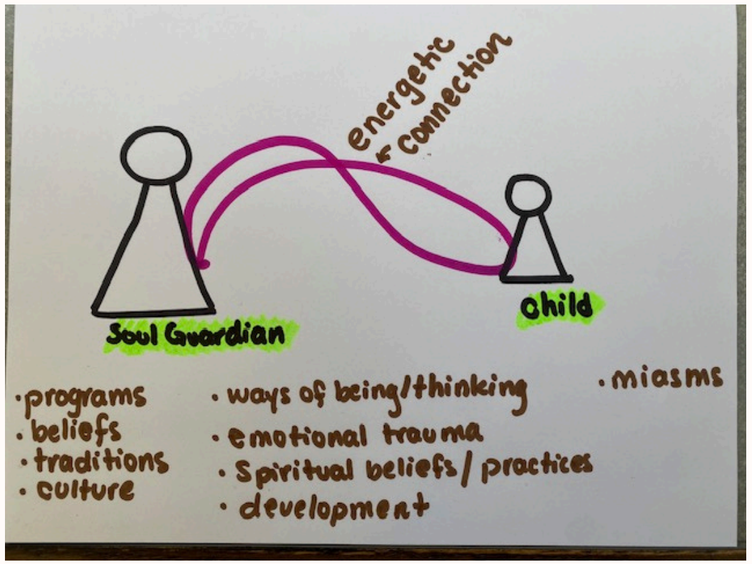
What is a Soul Guardian?

The Importance of Healing Yourself as a Soul Guardian

Supplemental PDF
Module 2

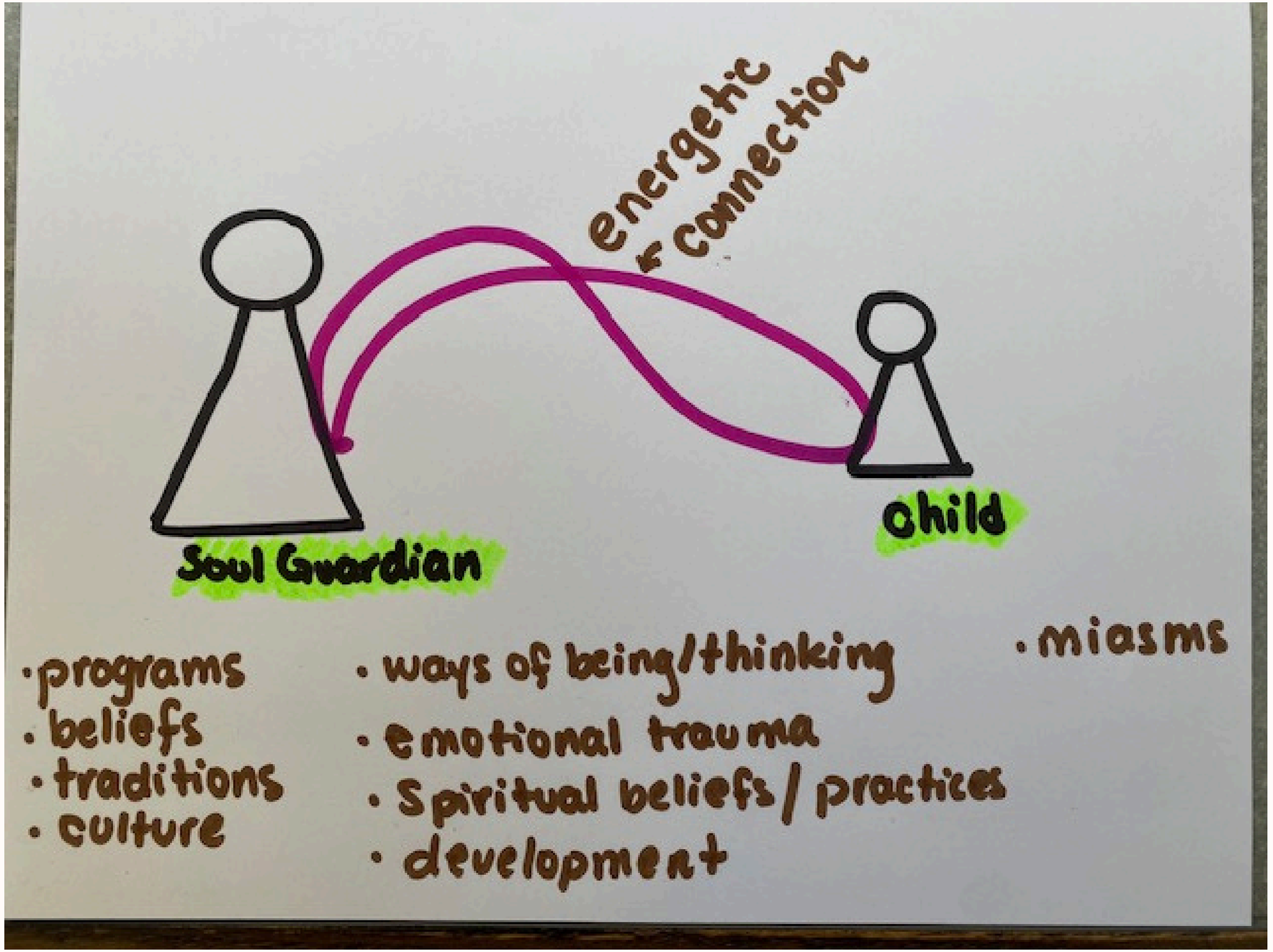
Centering to Receive

Energetic Connection Between Soul Guardian & Child



Guardians influence their children’s emotional, spiritual, and energetic development, acting as their first teachers and guides.

Read all the energies we share with our children


energetic connection
Soul Guardian
child
• programs
• beliefs
• traditions
• culture
• ways of being/thinking
• emotional trauma
• Spiritual beliefs/practices
• development
• miasms

Miasms

Let’s unpack Miasms

What are miasms: In classical homeopathy, miasms are considered deep seated energetic patterns- inherited or acquired-that predispose someone to chronic illness. They’re not diseases themselves, but rather underlying vibrational imprints or distortions in the vital force that shape how illness manifests. (Vital force being your blueprint). Samuel Hahnemann, the founder of homeopathy, introduced the concept of miasms in his book "Chronic Disease”.

The 3 Original Miasms (Identified by Hahnemann)

Psora Miasm

(The itch)

Root: Suppression, deficiency, struggle

Mental themes: Anxiety, fear of failure, low self-worth

Physical symptoms: Dry skin, itching, poor digestion, fatigue

Core wounding: “I am not enough”

Healing path: cultivating faith, trust, and self-worth

Miasms

Sycosis Miasme
(The Gonorrheal Miasm)
Root: overcompensation, excess, suppression of discharge
Mental themes: Shame, guilt, secretiveness, hyperactivity
Physical symptoms: Warts, growths, joint issues, congestion
Core wound: “There is something wrong with me”

Syphilitic Miasm
Root: Destruction, degeneration
Mental Themes: Despair, destructiveness, nihilism (viewpoint that traditional values and beliefs are unfounded and that existence is senseless and useless)
Physical symptoms: Ulcers, deformities, paralysis, night pains
Core wound: “There is no hope”
Healing path: Transmutation, forgiveness, rebirth

Miasms

These were later identified (post-Hahnemann)
Many modern homeopaths recognize additional miasms, including:

Tubercular Miasm
Restlessness, longing for freedom, respiratory weakness
Common in those with a family history of TB

Cancer Miasm
Perfectionism, deep suppression, inherited grief
Tendency of over-control or over-achieve at great cost

Miasms

These were later identified (post-Hahnemann)
Many modern homeopaths recognize additional miasms, including:

Malarial Miasm
Cyclical suffering, victim consciousness, intermittent symptoms
Connection to unresolved ancestral trauma

Aids Miasm
(also called Y2K or Modern Miasm)
Themes of disconnection, fragmentation, identity crisis
Resonates with collective modern spiritual illness

Why Miasms matter in Healing

- They inform us about chronic, inherited, or emotional imbalances
- They explain why some people relapse
- They offer insight into generational and soul-level healing, not just symptom relief

Just so that we have a little idea of all the unseen forces at play.

Ways to explore deepening the soul connection between guardians and children:

Spiritual and Emotional Presence:
Children can feel your level of connection with them
They can feel if you are disinterested or undermining them

Energetic Bonding-Practices

Teach Through Wisdom, Not Fear
A Soul Guardian's role is to empower a child's intuition: this is a very powerful remembrance. We think it's telling them what to do and how to do it. This undermines their intuition and does not allow them space and time to connect within. This is how we teach to ignore intuition and have no trust in self.
Encouraging inner knowledge is of such importance. Inner knowing could save their lives

Ways to explore deepening the soul connection between guardians and children:

Soul Contracts & Ancestral Healing

Heal any family wounds that could unconsciously shape your child's emotional well being. The only way to do this is to do the shadow work on yourself. Shadow: unacceptable aspects of ourselves that we have pushed down into the unconscious mind. You carry the generational blueprint from your family.

"What we have called "karma" or "shadow" may today be called "trauma", since the effects of trauma propagate as dissociated and denied energies, frozen in shadow, bound to repeat. Trauma creates incoherence, fracturing us from ourselves and separating us from others. Its broken memories resurfacing repeatedly through exterior eruptions that are not directed by free will but by that part of the self that is held in darkness". Thomas HuBL, Healing Collective Trauma (2020)

Create Rituals for Connection

Teach Energy Protection & Awareness

Very real and very important

Could save their lives

Honor the Evolution of the Relationship

Very different given our programs/cultural traditions/norms

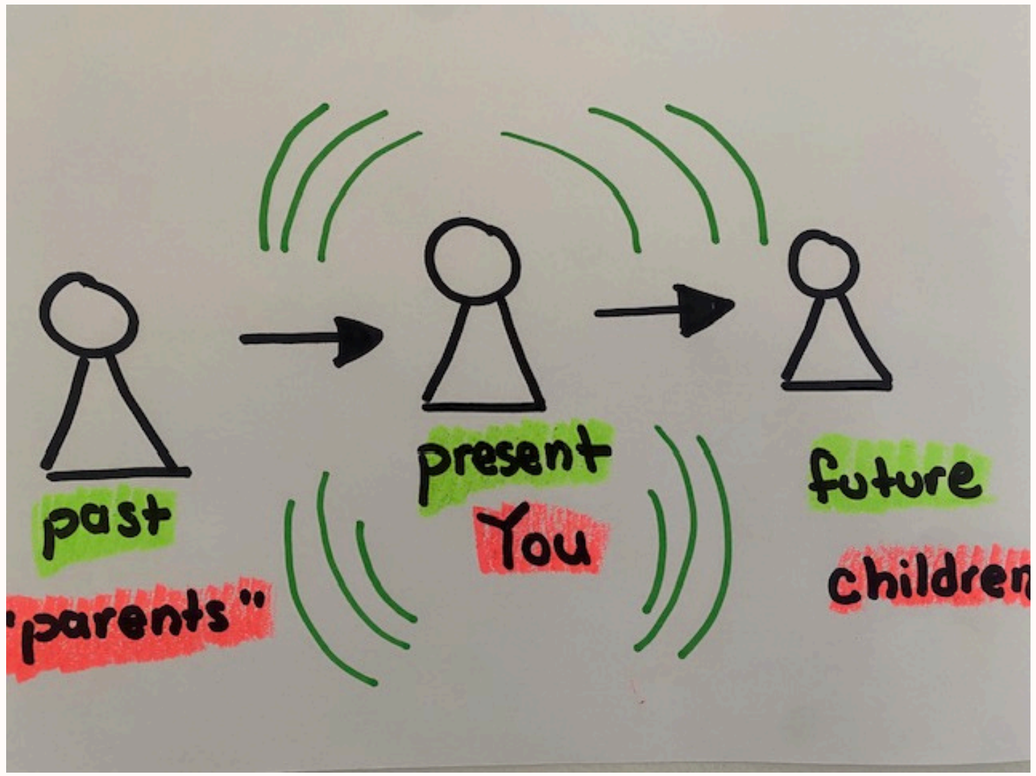
Be vulnerable and open to expansion and elevation.

Recognize that being a soul guardian is an ongoing transformation for mother, father and child!
Transform as individuals and as a family

The Illusion of separation

*Present moment allows us to be able to change things
*being there can transport you to other versions of you
*Share stories about the dishes

- Anyone who wants to be a soul guardian has to know that this will be a complete change of your life. Life changes for both the masculine and feminine in monumental ways
- As soul guardians, we sign up for the privilege to create life and care, protect and guide that life for as long as you can



Soul Guardian Experience

Read

Integration of truth

Journal Prompt

- When I tune into the invisible thread that connects my heart to my child’s, what do I feel?
- How does our energy speak when words are absent?
- Describe a moment when you sensed their feelings without them saying a word, or when they felt yours.